

THE SLOW KILLER OF A GREAT ORGANIZATIONAL CULTURE

Cutting off people or interrupting them constantly while they are speaking





Complimenting a woman by saying how inspiring it is to see that she is so ambitious despite her gender

Forgetting to invite your team member to a relevant group meeting/discussion





Speaking in a local or regional language that makes someone feel like an outsider

Saying to a person with a disability, "You're so inspiring/brave" for simply existing in the same space as you



Microaggressions



Small, subtle acts of bias that can individually be perceived as small, but collectively they accumulate to eat away people's confidence and take a toll on their spirit.



Directly influence employee morale, engagement, performance, and retention.



The cumulative effect can significantly impact employees' sense of belonging and lead to a toxic work culture.



Constantly looking at your phone or browsing through emails during a discussion

Regularly addressing people with wrong names or mispronouncing/misspelling their names





Forgetting to introduce someone in a meeting or asking for input from everyone except a particular person, thus leaving them out

Saying, "You don't look like you're gay", "You're so beautiful for a trans person"





Want to know more about microaggressions and how to address them in order to create an inclusive and high-performing culture? Click here to read Monika's article!



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