



# EXECUTIVE COACHING

*Helping leaders authentically embody timeless and new-age mindsets to thrive in a global environment.*

Monika has coached a myriad of C-suite/ senior executives from companies like **Loreal, Victoria's Secret, PwC, Macquarie, Horizon Media, Marriott Vacations Worldwide, Genzeon, EFG Companies, The Rockefeller University Hospital, and many more.**

Her unique breadth of **multi-country, multi-cultural** corporate and entrepreneurial experiences, along with a global clientele, enable her to be **culturally aware and sensitive** in meeting the customized needs of coachees.

Monika's deep expertise in Diversity, Equity, and Inclusion gives her a unique edge in creating a **safe, non-judgmental space** to engage coachees in self-reflection and call to action, as well as challenge them in a non-confrontational way.

With hands-on leadership experience and a solid HR and business background spanning industries and geographies, Monika brings a rare blend of skills, perspectives, and techniques, making her coaching style **relatable, practical, and grounded in business.**

Monika has spoken in front of large and small audiences regionally and internationally. She has keynoted for some of the largest conferences (**Hacking HR, SHRM Annual Conference**), delivered workshops for prestigious institutions (**Princeton, Rutgers**), and consulted for global clients (**PepsiCo, Generali, J&J, Tetra Pak, Dow Jones, and more**).

## Top Areas of Expertise

- ✓ **Enhancing Executive Presence and Influence**
- ✓ **Cultivating Relationship Capital**
- ✓ **Role Transitions and Career Growth**
- ✓ **Building High-Performing Teams (Multicultural/Virtual/Hybrid)**
- ✓ **Accelerating the Growth of High-Potentials/Successors**
- ✓ **Developing Cultural Competence**
- ✓ **Driving Diversity, Equity, Inclusion, and Belonging**
- ✓ **Inclusive Leadership**
- ✓ **Health and Wellbeing**

## Industry Experience

Pharma and Healthcare

Banking and Insurance

FMCG and Retail

IT and Digital

Automotive Manufacturing

Media and Entertainment

Monika Navandar is a **certified coach** with 18+ years of multi-industry HR experience in both emerging and developed markets. She has led various HR leadership roles in **India, the US, Italy, Singapore, Dubai, and South Africa**, supporting global C-suite leaders.

She is a **global consultant, practitioner, and thought leader** in Diversity, Equity & Inclusion, Talent Management, and Culture Competence areas, and has been recognized as **LinkedIn Top Voice** on Leadership & Executive Coaching.

She has been a part of the **Harvard Business Review Advisory Council** since 2016, and some of her projects have been presented at the White House. Monika is a recognized speaker, writes for reputed publications, and has contributed to bestselling books, including *Cultural Agility*, *Diversity Beyond Tokenism*, among others.

[VIEW MONIKA'S DETAILED PROFILE](#)





Building Conscious Inclusive Cultures

NeoSeven Solutions is a woman- and minority-owned **premium HR & Business consulting firm** with a track record of helping Fortune 500s and emerging companies drive actionable results.

We have worked with **100+ companies** spanning diverse industries and locations, supported **\$50B+ MNCs** as well as many **high-growth SMBs**, and driven projects across **world headquarters, regional, and country levels.**

Our **global footprint spreads over 45+ countries** across North America, South America, Europe, the Middle East, Africa, and APAC regions.

We have an extensive roster of dynamic experts, trainers, and facilitators from across the globe adept at delivering region-specific **interventions and workshops in English and 30+ other languages.**

[www.neoseven.in](http://www.neoseven.in)

# TESTIMONIALS



Monika is a warm, thoughtful, inviting and collegial facilitator. I believe our group bond is meaningful because of her facilitation style.

— Coachee, Executive Group Coaching



Monika is the best facilitator I have ever had in a group setting like this.

— Coachee, C-Suite Group Coaching



I was immediately impressed by Monika's ability to identify people's strengths and leverage them during coaching conversations, asking creative people to share ideas, encouraging analytical ones to explain their thought processes, and offering the reflective listeners to share their observations.

— Co-founder, GoMasterCoach



Monika is so fantastic at helping the conversation flow. She keeps me energized after a full day of work.

— Coachee, Senior Leader



The design and delivery for the team was inspiring. You have a new way of looking at global teams and helped the team to think in next steps.

— Manager (L&D), Tetra Pak



Monika is an energizer — bringing infectious curiosity and joy — to DEIB transformation.

— President, Next Level Leadership



I met Monika after attending her session at the Global Inclusion Online Forum. Thereafter, we embarked on a coaching journey until now. For me, a connection was important and from the introductory session I was pretty sure. I appreciate Monika's patience, understanding and cultural sensitivity. She is incredibly knowledgeable, adaptable and globally minded. I would highly recommend her as a coach anytime!

— DEI Lead, Oxford HR



I am so grateful to have had Monika as my mentor and facilitator. She has an amazing ability to create a safe and inclusive space for everyone to share their thoughts and experiences. I cannot recommend Monika enough. She is a true leader, and her dedication to helping women succeed is truly inspiring.

— SVP, Operations & Transformation, Genzeon

# CLIENTS



AND MANY MORE...



If you'd like to find out more about group/one-on-one coaching, drop a line at:

[inquiry@neoseven.in](mailto:inquiry@neoseven.in)

